

1/12/2025

Oasis Sunday School Class

SPIRITUAL DISCIPLINES FOR THE CHRISTIAN LIFE-BIBLE INTAKE PART 2

1 TIMOTHY 4:13 DISCIPLINE YOURSELF FOR THE PURPOSE OF GODLINESS

PHIL. 2:12-13 SO THEN, MY BELOVED, JUST AS YOU HAVE ALWAYS OBEYED, NOT AS IN MY PRESENCE ONLY, BUT NOW MUCH MORE IN MY ABSENCE, WORK OUT YOUR SALVATION WITH FEAR AND TREMBLING; FOR IT IS GOD WHO IS AT WORK IN YOU, BOTH TO WILL AND TO WORK FOR HIS GOOD PLEASURE.

SPIRITUAL DISCIPLINE #1- BIBLE INTAKE

INCLUDES 5 SUBDISCIPLINES-

1. HEAR THE WORD
2. READ THE WORD
3. STUDY THE WORD

QUOTE: "WHILE HEARING AND READING PLANT THE SEED OF SCRIPTURE INTO THE SOIL OF OUR SOULS, OTHER DISCIPLINES ARE THE WATER AND SUN GOD USES TO BRING THE GROWTH AND FRUIT OF CHRISTLIKENESS IN OUR LIVES."

DISCIPLINE #4 - Memorize GOD'S WORD

BENEFITS OF SCRIPTURE MEMORY:

1. SCRIPTURE MEMORIZATION PROVIDES SPIRITUAL Power

PSALM 119:11 I HAVE STORED UP YOUR WORD IN MY HEART, THAT I MIGHT NOT SIN AGAINST YOU

EP 6:17 AND TAKE THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD

Prov 22:17-19

2. SCRIPTURE MEMORIZATION STRENGTHENS OUR Faith

QUOTE: SCRIPTURE MEMORY IS LIKE REINFORCING STEEL TO A SAGGING FAITH."

3. SCRIPTURE MEMORIZATION PREPARES US FOR Witnessing AND Counseling

PROVERBS 25:11 A WORD FITLY SPOKEN IS LIKE APPLES OF GOLD IN PICTURES OF SILVER.

PROVERBS 15:23 WHAT A JOY IT IS TO FIND JUST THE RIGHT WORD FOR THE RIGHT OCCASION!
GOOD NEWS BIBLE

4. SCRIPTURE MEMORIZATION GIVES US guidance

PSALM 119:24 YOUR TESTIMONIES ARE MY DELIGHT; THEY ARE MY COUNSELORS

5. SCRIPTURE MEMORIZATION STIMULATES Meditation

PSALM 119:97 OH HOW I LOVE YOUR LAW! IT IS MY MEDITATION ALL THE DAY

SUGGESTIONS TO HELP YOU:

- o WRITE OUT THE VERSES ON INDEX CARDS

- MAKE YOUR VERSE VISUAL
- MEMORIZE THE VERSE WORD PERFECT ALONG WITH THE REFERENCE
- BE ACCOUNTABLE TO SOMEONE
- POLISH YOUR SWORD.....^{often} (REVIEW OFTEN)

DISCIPLINE #5- Meditation ON GOD'S WORD

DEFINITION OF MEDITATION: A DEEP THINKING ON THE TRUTHS AND SPIRITUAL REALITIES REVEALED IN SCRIPTURE, OR UPON LIFE FROM A SCRIPTURAL PERSPECTIVE, FOR THE PURPOSES OF UNDERSTANDING, APPLICATION AND PRAYER.

JOSHUA 1:8 THIS BOOK OF THE LAW SHALL NOT DEPART FROM YOUR MOUTH, BUT YOU **SHALL MEDITATE ON IT DAY AND NIGHT**, SO THAT YOU MAY BE CAREFUL TO DO ACCORDING TO ALL THAT IS WRITTEN IN IT. FOR THEN YOU WILL MAKE YOUR WAY PROSPEROUS, AND THEN YOU WILL HAVE GOOD SUCCESS.

THOMAS WATSON- "THE REASON WE COME AWAY SO COLD FROM READING THE WORD IS BECAUSE WE DO NOT WARM OURSELVES BY THE FIRE OF MEDITATION."

MEDITATION IS THE Obsorption OF SCRIPTURE →
Experience WITH GOD → Transformation OF LIFE
 (CHRISTLIKENESS)

PSALM 119:98-99 YOUR COMMANDMENT MAKES ME WISER THAN MY ENEMIES, FOR **IT IS EVER WITH ME**. I HAVE MORE UNDERSTANDING THAN ALL MY TEACHERS, FOR **YOUR TESTIMONIES ARE MY MEDITATION**.

PSALM 1 BLESSED IS THE MAN (OR WOMAN) WHO WALKS NOT IN THE COUNSEL OF THE WICKED, NOR STANDS IN THE WAY OF SINNERS, NOR SITS IN THE SEAT OF SCOFFERS; BUT HIS DELIGHT IS IN THE LAW OF THE LORD, **AND ON HIS LAW HE MEDITATES DAY AND NIGHT**. HE IS LIKE A TREE PLANTED BY STREAMS OF WATER THAT YIELDS ITS FRUIT IN ITS SEASON, AND ITS LEAF DOES NOT WITHER, **IN ALL THAT HE DOES, HE PROSPERS**.

JAMES 1:25 BUT **ONE WHO LOOKS INTENTLY AT THE PERFECT LAW**, THE LAW OF LIBERTY, AND ABIDES BY IT, NOT HAVING BECOME A FORGETFUL HEARER BUT AN EFFECTUAL DOER, THIS MAN WILL BE BLESSED IN WHAT HE DOES.