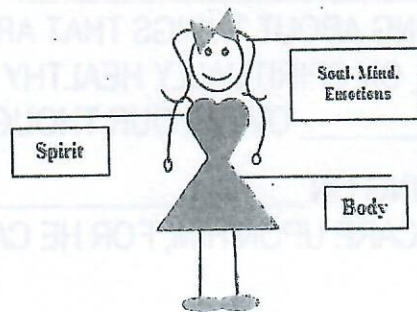


# Oasis Sunday School Class

## LEARNING CONTENTMENT CHAPTER 5

PROV. 23:7 FOR AS A MAN THINKETH IN HIS HEART, SO IS HE.

- ONE OF THE MAIN WAYS TO RESIST DISCONTENT IS TO \_\_\_\_\_  
\_\_\_\_\_ TO WHAT WE ARE THINKING ABOUT



LUKE 10:27 YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR STRENGTH, AND WITH ALL YOUR MIND.

ROMANS 8:5-6 FOR THOSE WHO LIVE ACCORDING TO THE FLESH (DESCRIBES THOSE WHO ARE NOT SAVED) SET THEIR MINDS ON THE THINGS OF THE FLESH, BUT THOSE WHO LIVE ACCORDING TO THE SPIRIT (THOSE WHO ARE SAVED), THE THINGS OF THE SPIRIT. FOR TO BE CARNALLY MINDED IS DEATH, BUT TO BE SPIRITUALLY MINDED IS LIFE AND PEACE.

CONTENTMENT IS:

- BEING \_\_\_\_\_ MINDED
- IT IS LIVING ACCORDING TO THE \_\_\_\_\_
- IT MEANS \_\_\_\_\_ OUR MINDS ON THE THINGS OF THE SPIRIT
- THE HOLY SPIRIT GIVES US THE POWER:
- TO THINK \_\_\_\_\_
- TO LOVE THE LORD WITH ALL OF OUR \_\_\_\_\_
- TO THINK \_\_\_\_\_



COL. 3:1-2 IF THEN YOU HAVE BEEN RAISED WITH CHRIST. SEEK THE THINGS WHICH ARE ABOVE, WHERE CHRIST IS SEATED AT THE RIGHT HAND OF GOD. SET YOUR MIND ON THINGS THAT ARE ABOVE AND NOT ON THINGS ON THE EARTH.

HOW TO SEEK THINGS ABOVE:

1. TUNE INTO YOUR \_\_\_\_\_
2. REPLACE WRONG THOUGHTS WITH GOD'S \_\_\_\_\_
3. TELL YOURSELF TO BE \_\_\_\_\_
4. CHANGE YOUR MENTAL \_\_\_\_\_
5. \_\_\_\_\_ THINKING ABOUT THINGS THAT ARE PRAISE WORTHY
6. SPEND \_\_\_\_\_ ON SPIRITUALLY HEALTHY SUBJECTS
7. TAKE \_\_\_\_\_ OVER YOUR THOUGHTS

ANXIETY- THE FRUIT OF DWELLING ON \_\_\_\_\_ AND \_\_\_\_\_  
INSTEAD OF CASTING ALL OUR CARE UPON HIM, FOR HE CARES FOR US. (1 PETER 5:7)

HOW TO START:

1. \_\_\_\_\_ WHEN YOU ARE DUMPSTER DIVING
2. GET OUT OF THERE \_\_\_\_\_
3. SEEK FOR THING THAT ARE ABOVE WHERE CHRIST IS SEATED
  - THE WORD SEEK MEANS:
    - TO \_\_\_\_\_ AFTER
    - TO \_\_\_\_\_ AFTER
    - TO \_\_\_\_\_ DILIGENTLY FOR

ROMANS 12:1-2

THEREFORE I URGE YOU, BRETHREN, BY THE MERCIES OF GOD, TO PRESENT YOUR BODIES A LIVING AND HOLY SACRIFICE, ACCEPTABLE TO GOD, WHICH IS YOUR SPIRITUAL SERVICE OF WORSHIP.

V. 2 AND DO NOT BE CONFORMED TO THIS WORLD, BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND, SO THAT YOU MAY PROVE WHAT THE WILL OF GOD IS, THAT WHICH IS GOOD AND ACCEPTABLE AND PERFECT.