

1/1/2023

Oasis Sunday School Class

SPIRITUAL DISCIPLINES FOR THE CHRISTIAN LIFE

SILENCE AND SOLITUDE

SILENCE- A VOLUNTARY AND TEMPORARY ABSTENTION FROM SPEAKING SO THAT CERTAIN SPIRITUAL GOALS MIGHT BE SOUGHT.

SOLITUDE-SPIRITUAL DISCIPLINE OF VOLUNTARILY AND TEMPORARILY WITHDRAWING TO PRIVACY FOR SPIRITUAL PURPOSES:

BIBLICAL REASONS FOR SILENCE AND SOLITUDE:

1. IN ORDER TO FOLLOW THE EXAMPLE OF Jesus
2. TO MINIMIZE distraction IN PRAYER
GAL. 1:17 "I WENT AWAY TO ARABIA, AND RETURNED ONCE MORE TO DAMASCUS, THEN THREE YEARS LATER I WENT UP TO JERUSALEM TO BECOME ACQUAINTED WITH PETER, AND STAYED WITH HIM FIFTEEN DAYS."
3. TO EXPRESS Worship TO GOD
HABAKKUK 2:20 THE LORD IS IN HIS HOLY TEMPLE, LET ALL THE EARTH KEEP SILENCE BEFORE HIM.
ZEPHANIAH 1:7 BE SILENT BEFORE THE LORD GOD
ZECHARIAH 2:13 BE SILENT, ALL FLESH, BEFORE THE LORD.
4. TO EXPRESS Faith IN GOD
PS. 62:1-2 FOR GOD ALONE MY SOUL WAITS IN SILENCE; FROM HIM COMES MY SALVATION. HE ALONE IS MY ROCK AND MY SALVATION, MY FORTRESS, I SHALL NOT BE GREATLY SHAKEN.
V. 5-6 FOR GOD ALONE, O MY SOUL, WAIT IN SILENCE, FOR MY HOPE IS FROM HIM, HE ONLY IS MY ROCK AND MY SALVATION, MY FORTRESS; I SHALL NOT BE SHAKEN
IS 30:15 THUS SAID THE LORD GOD, THE HOLY ONE OF ISRAEL, "IN RETURNING AND REST YOU SHALL BE SAVED, IN QUIETNESS AND IN TRUST SHALL BE YOUR STRENGTH.
5. TO SEEK THE Salvation OF THE LORD

JEREMIAH 3:25-28 THE LORD IS GOOD TO THOSE WHO WAIT FOR HIM, TO THE SOUL WHO SEEKS HIM. IT IS GOOD THAT ONE SHOULD WAIT QUIETLY FOR THE SALVATION OF THE LORD. IT IS GOOD FOR A MAN THAT HE BEAR THE YOKE IN HIS YOUTH. LET HIM SIT ALONE IN SILENCE WHEN IT IS LAID ON HIM.

6. TO BE PHYSICALLY AND SPIRITUALLY refreshed (restored)

7. TO REGAIN A SPIRITUAL perspective

LUKE 1:20 "BEHOLD, YOU WILL BE SILENT AND UNABLE TO SPEAK UNTIL THE DAY THAT THESE THINGS TAKE PLACE, BECAUSE YOU DID NOT BELIEVE MY WORDS, WHICH WILL BE FULFILLED IN THEIR TIME."

V. 63-63 HE ASKED FOR A WRITING TABLET AND WROTE, "HIS NAME IS JOHN," AND THEY ALL WONDERED. AND IMMEDIATELY HIS MOUTH WAS OPENED AND HIS TONGUE LOOSED, AND HE SPOKE BLESSING GOD.

8. TO SEEK THE Will OF GOD

LUKE 6:12-13 IN THESE DAYS HE WENT OUT TO THE MOUNTAIN TO PRAY, AND ALL NIGHT HE CONTINUED IN PRAYER TO GOD. AND WHEN DAY CAME, HE CALLED HIS DISCIPLES AND CHOSE FROM THEN TWELVE, WHO HE NAMED APOSTLES.

9. TO LEARN CONTROL OF THE Tongue

PRACTICAL HELPS FOR MAKING SILENCE AND SOLITUDE A REALITY:

1. MAKE Many Minute RETREATS THROUGH OUT YOUR DAY
2. DEVELOP A daily TIME OF BEING ALONE WITH GOD
3. PLAN extended TIME TO GET AWAY
4. LOCATE Special PLACES
5. MAKE trade OFFS

CLOSING QUESTIONS:

WILL YOU SEEK DAILY TIMES OF SILENCE AND SOLITUDE?

WILL YOU SEEK EXTENDED TIMES OF SILENCE AND SOLITUDE

WILL YOU START NOW?