

10/2/22

Oasis Sunday School Class

SPIRITUAL DISCIPLINES-PRAYER

1 TIMOTHY 4:7 DISCIPLINE YOURSELVES FOR THE PURPOSE OF GODLINESS.

Hearing
Reading
Studying
Memorize
Meditate

- REVIEW:
- GOD promises TO ANSWER PRAYER
- GOD COMMANDS CHRISTIANS TO BE:
 - Devoted TO PRAYER. A Royal invitation
 - COL:4:2 BE DEVOTED TO PRAYER
 - TO PRAY WITHOUT ceasing
 - 1 THESS. PRAY WITHOUT CEASING
- PRAYER IS MORE THAN A COMMAND IT IS A ROYAL invitation

BIBLE INTAKE AND PRAYER ARE CLOSELY CONNECTED.

- SPECIFICALLY BIBLE Meditation LEADS TO A SATISFYING PRAYER LIFE.

PSALM 5:1 GIVE EAR TO MY WORDS, O LORD; **CONSIDER MY MEDITATION.**

PSALM 19:14 LET THE WORDS OF MY MOUTH AND **THE MEDITATION OF MY HEART** BE ACCEPTABLE IN YOUR SIGHT, O LORD, MY ROCK AND MY REDEEMER

about
Ps 19:14

DESIRE → DISCIPLINE → BIBLE INTAKE → MEDITATION → PRAYER

QUOTE FROM MATTHEW HENRY: "DAVID'S PRAYERS WERE NOT HIS WORDS ONLY, BUT HIS MEDITATIONS. AS MEDITATION IS THE BEST PREPARATION FOR PRAYER, SO PRAYER IS THE BEST ISSUE OF MEDITATION. MEDITATION AND PRAYER GO TOGETHER.

THOMAS MANTON: "MEDITATION IS A MIDDLE SORT OF DUTY BETWEEN THE WORD AND PRAYER, AND HATH RESPECT TO BOTH. THE WORD FEEDS MEDITATION AND MEDITATION FEEDS PRAYER. THESE DUTIES MUST ALWAYS GO HAND IN HAND. MEDITATION MUST FOLLOW HEARING AND PRECEDE PRAYER. TO HEAR AND NOT TO MEDITATE IS UNFRUITFUL. WE MAY HEAR AND HEAR, BUT IT IS LIKE PUTTING A THING INTO A BAG WITH HOLES...IT IS RASHNESS TO PRAY AND NOT MEDITATE. WHAT WE TAKE IN BY THE WORD WE DIGEST BY MEDITATION AND LET OUT OUR PRAYER. THESE THREE DUTIES MUST BE ORDERED THAT ONE MAY NOT JOSTLE OUT THE OTHER. MEN ARE BARREN, DRY, AND SAPLESS IN THEIR PRAYERS FOR WANT OF EXERCISING THEMSELVES IN HOLY THINGS.

WILLIAM BRIDGE: AS MEDITATION IS THE SISTER OF READING, SO IT IS THE MOTHER OF PRAYER. THOUGH A MAN'S HEART BE MUSH INDISPOSED TO PRAYER, YET, IF HE CAN BUT FALL INTO A MEDITATION OF GOD, AND THE THINGS OF GOD, HIS HEART WILL SOON COME OFF TO PRAYER...BEGIN WITH READING OR HEARING. GO ON WITH MEDITATION; END IN

PRAYER...READING WITHOUT MEDITATION IS UNFRUITFUL. MEDITATION WITHOUT READING IS HURTFUL, TO MEDITATE AND TO READ WITHOUT PRAYER UPON BOTH, IS WITHOUT BLESSING.

PSALM 65:2 O, YOU WHO HEAR PRAYER

MATT. 7:7-8 (THESE ARE THE WORDS OF JESUS TO US THIS MORNING)

- "ASK, AND IT WILL BE GIVEN TO YOU."
- "SEEK, AND YOU WILL FIND."
- "KNOCK, AND IT WILL BE OPENED TO YOU."
- "FOR EVERYONE WHO ASKS RECEIVES."
- "THE ONE WHO SEEKS FINDS."
- "TO THE ONE WHO KNOCKS IT WILL BE OPENED"

Present continuous tense

WHERE THERE IS PRAYERFULNESS THERE IS GODLINESS!

Prayer is more than a command it is a royal invitation

Specifically Bible meditation leads to a satisfying prayer life

Psalm 81 Give ear to my words O Lord, consider my meditation

Psalm 18 Let the words of my mouth and the meditation of my heart be acceptable in your sight O Lord, my rock and my defender

Desire → Discipline → Bible intake → Meditation → Prayer

Quote from Matthew Henry: David's prayer is not his words only, but his meditation. As meditation is the best preparation for prayer, so prayer is the best issue of meditation. Meditation is the best preparation for prayer.

Thomas Merton: Meditation is a bridge built on duty between the word and prayer and faith respect to both. The word is meditation and meditation is prayer. These duties must always go hand in hand. Meditation must follow prayer and precede prayer. To hear and not to meditate is unfruitful. We may hear and feel, but it is like putting a thing into a bag with holes... it is rashness to pray and not meditate. What we take in by the word we digest by meditation. All fit out our prayer. These three duties must be ordered that one may not fight out the other. We are barren dry and useless in their prayer for want of exercising themselves in holy things.

William Brock: As meditation is the sister of reading, so it is the mother of prayer. Though a man's heart be much disposed to prayer, yet if he can but fall into a meditation of God and the things of God, his heart will soon come off to prayer. Begin with reading or hearing, go on with meditation, end in prayer.

prayer
reading
meditation
Memorize
meditation

hand
9.19.21