

# *Oasis Sunday School Class*

## CHOOSING CONTENTMENT- CHAPTER 11

LUKE 9:23-24 AND HE WAS SAYING TO THEM ALL, "IF ANYONE WISHES TO COME AFTER ME, HE MUST DENY HIMSELF, AND TAKE UP HIS CROSS DAILY AND FOLLOW ME. FOR WHOEVER WISHES TO SAVE HIS LIFE WILL LOSE IT, BUT WHOEVER LOSES HIS LIFE FOR MY SAKE, HE IS THE ONE WHO WILL SAVE IT."

LUKE 14:27 "WHOEVER DOES NOT CARRY HIS OWN CROSS AND COME AFTER ME CANNOT BE MY DISCIPLE."

### **FOLLOWING JESUS MEANS:**

1. TOTAL \_\_\_\_\_ TO GOD
2. \_\_\_\_\_ TO SELF
3. TOTAL \_\_\_\_\_ TO CHRIST

1 JOHN 1:9 IF WE CONFESS OUR SINS, HE IS FAITHFUL AND RIGHTEOUS TO FORGIVE US OUR SINS AND TO CLEANSE US FROM ALL UNRIGHTEOUSNESS.

### **FACTS ABOUT CONTENTMENT:**

- IT IS \_\_\_\_\_ FOR EVER CHRISTIAN
- IT BRINGS PEACE AND QUIET TO OUR HEARTS IN THE MIDST OF \_\_\_\_\_
- IT COMES WHEN WE EXERCISE OUR GOD GIVEN \_\_\_\_\_ OVER OUR OWN SPIRITS
- IT COMES WHEN WE QUIET OUR HEARTS WITH GOD'S \_\_\_\_\_
- IT COMES WHEN WE SUBMIT TO THE \_\_\_\_\_ OF GOD
- IT IS SOMETHING THAT WE \_\_\_\_\_

1 COR. 10:13 NO TEMPTATION (TRIAL) HAS OVERTAKEN YOU BUT SUCH AS IS COMMON TO MAN; AND GOD IS FAITHFUL, WHO WILL NOT ALLOW YOU TO BE TEMPTED BEYOND WHAT YOU ARE ABLE, BUT WITH THE TEMPTATION WILL PROVIDE THE WAY OF ESCAPE ALSO, SO THAT YOU WILL BE ABLE TO ENDURE IT.

### **WHAT AM I TO DO?**

- \_\_\_\_\_ TEMPTATIONS TO DISCONTENTMENT THAT MIGHT COME
- REHEARSE THE \_\_\_\_\_
- PROCEED IN \_\_\_\_\_, KINDNESS AND A FORBEARING SPIRIT
- THIS IS CALLED SPIRITUAL \_\_\_\_\_
- ASK GOD TO HELP YOU \_\_\_\_\_ YOUR TROUBLES

1 PETER 4:3-4 YOUR ADORNMENT MUST NOT BE MERELY EXTERNAL....BUT LET IT BE THE HIDDEN PERSON OF THE HEART, WITH THE IMPERISHABLE QUALITY OF A GENTLE AND QUIET SPIRIT, WHICH IS PRECIOUS IN THE SIGHT OF GOD

### **MORE FACTS ABOUT CONTENTMENT:**

- IT IS \_\_\_\_\_, NOT EASILY DISTURBED, DISRUPTED OR DISCOMBOBULATED
- IT HAS CONTROL OVER ITS OWN \_\_\_\_\_
- IT BRAVELY, COURAGEOUSLY MOVES \_\_\_\_\_ THROUGH DIFFICULTIES
- IT CANNOT BE \_\_\_\_\_
- IT IS SOMETHING WE MUST \_\_\_\_\_

LUKE 7: TURNING TO THE WOMAN JESUS SAID TO SIMON, "DO YOU SEE THIS WOMAN? I ENTERED YOUR HOUSE; YOU GAVE ME NO WATER FOR MY FEET, BUT SHE HAS WET MY FEET WITH HER TEARS AND WIPE THEM WITH HER HAIR. YOU GAVE ME NO KISS; BUT SHE, SINCE THE TIME I CAME IN, HAS NOT CEASED TO KISS MY FEET. YOU DID NOT ANOINT MY HEAD WITH OIL, BUT SHE ANOINTED MY FEET WITH PERFUME. FOR THIS REASON I SAY TO YOU, HER SINS, WHICH ARE MANY, HAVE BEEN FORGIVEN, FOR SHE LOVED MUCH? BUT HE WHO IS FORGIVEN LITTLE, LOVES LITTLE."

LUKE 7:50 AND HE SAID TO THE WOMAN, "YOUR FAITH HAS SAVED YOU; GO IN PEACE."

### **QUOTE: TURN YOUR DISLIKE OF YOUR OWN STORY INTO LOVE FOR HIS STORY**

### **THINGS TO ENCOURAGE CONTENTMENT:**

1. \_\_\_\_\_ MORE ON CONTENTMENT
2. \_\_\_\_\_ WHAT YOU HAVE LEARNED
3. \_\_\_\_\_
4. LEARN TO \_\_\_\_\_ THE RESTLESSNESS OF DISCONTENT IN YOUR OWN HEART.
5. \_\_\_\_\_ GOD TO WORK THROUGH ALL SITUATIONS FOR YOUR GOOD
6. BE A \_\_\_\_\_ READER AND ASK GOD TO SPEAK AS YOU READ
7. SING, PRAY, REJOICE IN THE \_\_\_\_\_
8. REMEMBER THE \_\_\_\_\_ OF GOD

### **2 PROMISES THAT WE STARTED WITH IN OUR STUDY:**

HEBREWS 13:5 LET YOUR CONDUCT BE WITHOUT COVETOUSNESS; BE CONTENT WITH SUCH THINGS AS YOU HAVE. FOR HE HIMSELF HAS SAID, "I WILL NEVER LEAVE YOU NOR FORSAKE YOU."

PHILLIPIANS 4:13 I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME.